

Denver Metro Area Service Options Resource List

NORTH METRO (Boulder, Lafayette, Broomfield, Longmont, Loveland)

1. **Mental Health Partners** (Boulder / Broomfield / Longmont)
 - Address: Multiple locations — 3180 Airport Road, Boulder, CO 80301.
 - Phone: (303) 443-8500
 - Website: mhpcolorado.org (now part of Clinica Family Health)
 - Services: Outpatient mental health for teens/adults; integrated care across Boulder & Broomfield counties. Telehealth availability uncertain.
2. **Boulder Community Health – Behavioral Health Services**
 - Address: 4801 Riverbend Rd Suite 120a Boulder, CO 80301 (Outpatient Clinic).
 - Phone: (303) 415-2202 outpatient behavioral health.
 - Website: bch.org (go to behavioral health page)
 - Services: Inpatient & outpatient behavioral health services across the lifespan.
 - Notes: inpatient option. Telehealth may be restricted as of Oct 2025
3. **North Boulder Counseling**
 - Address: 3445 Penrose Pl Suite 210 Boulder, CO 80301.
 - Phone: (720) 588-3174
 - Website: www.northbouldercounseling.com
 - Services: Therapy online & in-person
 - Notes: Smaller private outpatient practice with telehealth.
4. **(Optional) Jewish Family Service Boulder – Outpatient mental health**
 - Address: Mental Health Office 2975 Valmont Rd. Ste. 300, Boulder, CO 80301.
 - Phone: Mental Health Office (720) 459.3894
 - Website: www.jewishfamilyservice.org
 - Services: Ongoing outpatient therapy for adults and youth (anxiety, depression, trauma)

CENTRAL (Denver, Lakewood, Aurora, central metro)

1. **Aurora Mental Health & Recovery**
 - Address: Multiple; walk-in crisis: 2206 Victor Street, Aurora, CO 80045.
 - Phone: (303) 617-2300 (24/7)
 - Website: auroramhr.org
 - Services: Full range including outpatient, telehealth
 - Notes: central metro resource with crisis & outpatient capacity.
2. **WellPower (formerly Mental Health Center of Denver)**
 - Address: multiple location visit website for details
 - Website: wellpower.org.
 - Phone: (303) 504-7700 (general inquiries)
 - Services: Outpatient mental health; 24/7 crisis walk-in at 4353 E Colfax.
 - Notes: Central Denver provider for high-risk clients, crisis support.

3. AllHealth Network – Metro

- Address: multiple location visit website for details.
- Phone: 303-730-8858 (Highlands Ranch site)
- Website: allhealthnetwork.org
- Services: Counseling, psychiatry, crisis services
- Notes: some services by appointment only.

SOUTH (Centennial, Littleton, Parker, Highlands Ranch, Tech Center)

1. Highlands Behavioral Health System (Littleton area)

- Address: Littleton/Lakewood region.
- Phone: Via website inquiry.
- Website: highlandsbhs.com
- Services: Inpatient & outpatient for adults/adolescents; telehealth noted.
- Notes: For higher acuity (inpatient/partial hospital) rather than routine outpatient.

2. Family Care Center – Highlands Ranch

- Address: Multiple Locations see website
- Phone: New Patients: 888-374-5066.
- Website: fccwellbeing.com
- Services: Outpatient clinic offering therapy, psychiatry, medication management, and **telehealth and in-person** options.

3. AllHealth Network – Highlands Ranch site (see Metro Area)

- Services: Early childhood therapy, child/adolescent, adult therapy, family therapy, psychiatry.
- Notes: South-metro coverage.

4. Denver Springs – Parker/ Douglas County area

- Address: Multiple Locations including Parker, CO
- Phone: 720-643-4300
- Website: denversprings.com
- Services: Tele-therapy, 24/7 screening & inpatient/outpatient mental health (also substance-use)
- Notes: While it lists substance use, it does provide mental health services; confirm non-addiction suitability.

Psychology Today (Search for providers by zipcode):

- Website: www.psychologytoday.com (Use the Find a Therapist Search)

Disclaimer:

This resource list is provided for informational and referral purposes only. It is not exhaustive of the resources available. It is provided as a convenience. A Wiser Mind does not endorse, guarantee, or assume responsibility for the services, treatment, or outcomes provided by any external organization listed. Availability, qualifications, and program details may change without notice. Please contact each provider directly to confirm current services, insurance acceptance, and suitability for your needs.